## SUSTAINABLE LIVING

## OUR FOOTPRINT, OUR RESPONSIBILITY

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Centre of Learning & Development Strong Communities Together







### **Neighbourhood Improvement Areas**



### Yonge-Eglinton

### **Regent Park**





### Clairlea-Birchmount



**Blake-Jones** 

### Willowdale East

# 

### Oakridge



### L'amoreaux



## PEOPLE

### POPULATION

### ENVIRONMENT







**OPPORTUNITIES** 



## PROBLEMS

### EXPERIENCE



LANGUAGES



## OUR PROCESS

STEP 1 Neighbourhood Profiles (September 2018) STEP 2 Designing Survey (October 2018)

## STEP 3 Data Collection (November 2018)



## DATA COLLECTION

## OUR PROCESS

STEP 4 Data Analysis (December 2018) STEP 5 Presentation (TODAY)

## METHODS OF DATA COLLECTION

PRIMARY (Quantitative)

•Surveys (721)

PRIMARY (Qualitative)

 Interviews (25) Observation



### **SECONDARY**

 Neighborhood profiles •City of Toronto website Toronto star •Canadian Geographic

WHAT WERE SOME OF OUR LIMITATIONS?

### RELIABILITY ACCESS. OF RESULTS LANGUAGE CONSUMING







## WHATIS SUSTANABLE LVNG?

- of action and consumption, which:
- meet basic needs, provide a better
- quality of life, minimize the use of
- natural resources and emissions of
- waste and pollutants over the
- lifecycle, and do not jeopardize the
- needs of future generations"

"Sustainable lifestyles are patterns

UN Report on Sustainable Lifestyles and Education for Sustainable Consumption 2010

## OUR 3 KEY AREAS

### **DEMOGRAPHICS**

### PERSONAL **SELF-REFLECTION**

### SOCIAL **SUPPORTIVE ENVIRONMENTS**

## DEMOGRAPHICS

Main neighborhoods: Oakridge, Blake Jones, Regent Park, Clairlea-Birchmount

> Ethnic groups: 1-South Asian 2-Southeast Asian



Living in the neighbbourhood 75.45%

Living/working less than 5 years in the neighborhood (52.98%)

Working age: 25-54 years old(50%)

Majority self-identified women(70%)

Living in Canada for 5 years or less 23.85%

## PERSONAL **SELF-REFLECTION**

### HOW DID OUR COMMUNITIES DEFINE SUSTAINABLE LIVING?



Green and environmentally friendly Protect natural resources •Reduce our footprint





**Economic stability** •Affordable •Accessible

### Interested in saving the planet



Somewhat interested 44%

### Interest in adopting a sustainable lifestyle



## **DESIRE TO** CHANGE

Somewhat willing 33%



### Willingness to make small changes



Very willing 62.4%

## WASTE MANAGEMENT

- Reducing %52 said sometimes
- Reuse %70 said sometimes or always
- Recycling %59 said always





### Sense of belonging

Food **Security** 

Community Involvement

## **SOCIAL SUPPORTIVE ENVIRONMENTS**

### Green **Spaces**

### Government Initiatives



## Sense of belonging

somewhat connected!



### The answer was not very satisfying as only 48.41% felt connected to their communities and 28.85% were

Do more than belong: participate. Do more than care: help. Do more than believe: practice. Do more than be fair: be kind. Do more than forgive: forget. Do more than dream: work. William Arthur



## Sense of belonging

Can our communities sustain the growing population?

47.85% of respondents were not sure and 15% said no.

> Is Toronto becoming an overpopulated city or can it still accommodate the influx of more people coming in?

## Food Security

The promising result we have here today is that 60% of the respondents were able to buy affordable groceries in their neighbourhood.





## Green Spaces

sure.



### If they have a community garden and are they able to buy locally grown food? More than half of them replied with NO or not



## Green Spaces

- 94% of the respondents who have a park available are using it on regular basis.
- Most of the parks are of average beauty and need a lot of work to do.
- Suggestions included: Clean ups, farmer's markets, nature walk, art, music, dance, flowers, benches and adult exercise equipment.

## Community Involvement

- Only 40% responded positively. For the other 60%, each of them had a reason for not participating.
- Enhancing the methods of delivering the information is always the best channel to keep everyone involved.

Word of Mouth

Flyers/posters

Social Media







## Government Initiatives

- Awareness of city programs: 40.22% of them were not aware of the programs and 33% were not sure.
- Our data from the interviews with the staff who are presenting their organizations came to the conclusion that the training and awareness of employees is an important method to achieve that.

How can they be informed in order to get involved?



## BARRRERS to going green

Socio-economic Pressure

### Lack of Information

Time Consuming

## What prevents residents from going green?



- Lack of Information
- Socio-economic limitations
- Time consuming

## LACK OF INFORMATION

The more social services provided, the more solutions and awareness residents get



### Lack of information as the main barrier to going green

## SOCIO-ECONOMIC PRESSURE

"Poverty is a full time job" Toronto Centre MPP Office



### Too expensive to live green

## 36%

Buying healthy food in their neighbourhood is unaffordable and 16.92% were not sure







### Do not have Green roofs 24% are not sure by what green roof means

## TIME CONSUMING

"People are working harder than before everywhere, but in Ontario it's the rush" Toronto Star

## 

### It is too time consuming

## 

## due to the lack of time, people either never, seldom or sometimes separate their organic waste.







## ROOT CAUSES

## Lack of information

 Lack of responsibility Lack of funding

## Socio-economic Pressure

 Low income High cost of living

## **Time Consuming**

•Busy Life **•Urban Planning** 



## What can we do?





-Website -Workshops -Emails -Pamphlets -Discussion Groups

-Increase of Social Funding -Strengthen relationships -Regulation of corporations -Fill in the gaps of collaboration -Incorporating community in city planning



## Who can make a difference?

### **1. COMMUNITY ORGANIZATIONS**

•CRC

- •Green Thumbs
- •Access Point
- •Centre of Learning & Development

### **3. CORPORATIONS/ BUSINESSES**

- Daniels Corporation •AECOM
- Grocery Stores

### **2. GOVERNMENTAL INSTITUTIONS**

• Environment and energy division • MPPs • MPs

• Councilors

**4. COMMUNITY MEMBERS** 

- •Adults
- •Children
- Seniors
- •Youth



# Who is doing great work?





Make our planet / the earth more green and sustainable for our future generations, It is very important to take care of nature. We are all accountable for our actions. Our awareness, engagement, contribution and collaboration can make mother earth the best. Small ideas can move the world. We are already taking our first steps. Now it's time for you to take yours.

IWIP 2018–2019 Trainees

## THANK YOU!

## Your turn!

- Is Toronto becoming an overpopulated city or can it still accommodate the influx of more people coming in?
- How can people be informed in order to get involved?















Toronto Community Housing





ARTSCAPE



TD Centre of Learning

### **United Way** Greater Toronto





Toronto Alliance for Better Parks